



PROCESS WORK
INSTITUTE OF INDIA

Presents

**A 2-YEAR CERTIFICATE PROGRAM IN
PROCESS-ORIENTED PSYCHOLOGY**

COHORT 2 COMMENCING 08 MARCH, 2019

An Invitation to the Certificate Program

In India, there is a growing need for trained Psychotherapists in the mental health community. According to research, 1 in 20 Indians suffer from depression, 80% of which goes untreated because of a serious dearth of trained mental health professionals. The Process Work Institute of India (PWII) has begun the journey of providing trained professionals which will not only lead to a healthier population, but also help identify serious psychological distress at an early stage and provide more effective treatment.

To be fully equipped as a psychotherapist, one needs to have the theoretical knowledge as well as extensive training in correct diagnosis, treatment and follow up care. A lack of practical training can lead to serious consequences for the clients, their families and the mental health profession.

In order to initiate this process of providing quality and effective care in mental health, Process Work Institute of India (PWII) launched the first 2-year Certificate Program in May 2018. PWII now invites applications to the second Cohort of participants to the Certificate Program in Process Work (PW), to be launched in March 2019.

Process Work Institute of India is the only institute of its kind in India which will qualify the student, firstly in the fundamentals with the basic 2-year Certificate Program and subsequently as a fully trained Process Oriented Psychotherapist, should the student choose to finish the 4-year diploma course. The program will be taught by a team of Indian and international PW Diplomates from various schools of Process Work across the world. All inputs, teaching will be provided, and assessments will be conducted to ensure that international standard requirements of Process Work training are met. The International Association of Process Oriented Psychologists (IAPOP), a body that certifies those who have undergone the Diploma training in Process Work, sets the international requirements.

An Introduction to Process Work & The Process Work Institute of India

About Process Work

Process Oriented Psychology (POP) or Process Work is a school of psychology established by Dr. Arnold Mindell in the 1970s. With its roots in Jungian psychology, Taoism and Quantum Physics, Process Work believes that the solution to a problem is contained within the disturbance itself. It provides a practical framework through which individuals, couples, families and groups can connect with greater awareness and creativity.

The International Association of Process Oriented Psychologists (IAPOP) established in 2007 is an international body of certified process work Diplomates who are involved in conducting training in PW. There are 22 centres of Process Work in the world today including centres in the United States, United Kingdom, Australia, India, Germany, Greece, Poland, Russia, Japan, Israel, and Slovakia amongst many others. The Association supports collaboration and sharing of research, experience and ideas in the evolving field of Process Oriented Psychology, and its relationship to a wide range of fields from psychotherapy and psychiatry to mind-body medicine, conflict resolution and organisational development.

Process Work Institute of India (PWII)

The Process Work Institute of India (PWII) is one of many centres worldwide dedicated to training and research in Process Work.

Resident Diplomate Anuradha Deb, who founded PWII, has over 25 years of PW experience and is a Diplomate of the Process Work Institute, Portland, Oregon, USA.

PWII, was founded in 1996 and is an educational trust based in Mumbai. PWII is affiliated with IAPOP.

The 2-year Certificate Course in Process Work

What is the 2-year Certificate Program all about?

One of the first full-fledged courses in the field of psychotherapy in India, the PWII Certificate Program (2-year) will give participants an in-depth perspective and experience into the various facets of Process Oriented Psychology. Participants can subsequently train and qualify as a Process Oriented Psychotherapist by enrolling into and completing the 4-year Diploma Program (the first 2 years of the Certificate Program being pre-requisite for joining the Diploma).

This program consists of 7 face-to-face classroom teaching of 6 days each. Spread over a period of 18 months, the program involves theory, experiential work, personal work in therapy, and praxis (working with clients under supervision). It integrates various learning methodologies including classroom training, one-to-one therapy sessions as well as virtual learning sessions. Each cohort will have group and individual work and will get several interesting opportunities to learn and interact with reputed Process Work faculty members who will be visiting India from across the world. Participants will also experience group work amongst themselves and interact with each other frequently. Upon successful completion of the program, participants may use the skills to facilitate groups, individuals, work with clients as therapists (under supervision) or work on their own selves. For those keen on going in-depth further, this course is a precursor and pre-requisite to apply to the Diploma program.

Who is eligible?

All those who are interested in learning about self, psychotherapy and in experiencing a synthesized model of psychology, spirituality and the science of human purpose are welcome.

Minimum academic qualification: Completed graduation degree in any discipline.

Note: Process Work Institute of India welcomes and admits participants of any race, religion, national or ethnic origin, gender, age, sexual orientation or physical ability.

Primary course highlights (benefits of joining)

1. Building the skills of Process Oriented Psychology in a course that provides theoretical inputs as well as teaches experiential skills.
2. Recognised certification from Process Work Institute India (PWII) after all requirements have been fulfilled.
3. An opportunity to work on oneself in a therapeutic relationship.
4. Several opportunities to work with your peer group as well as clients - under supervision and guidance of our experienced faculty.
5. To experience faculty who teach in international schools of process work, and are recognised members in the different PW Schools globally.
6. An opportunity to be part of a global community and extend your network.
7. An unique opportunity to receive a certification that builds into the Diploma Program and a chance to apply to the 4-year diploma program (for which the 2-year certificate course will be considered as the first 2-years of study) in order to become a fully qualified Process Oriented Psychotherapist.

Subsequent pages provide details of the 2-year Certificate program.

What is the fee structure and commercials?

PWII recognises differences in economies and is sensitive to dynamics that provide or deny access to opportunities. Accordingly, a differentiated fee structure is offered to participants. Please select your fees from the table:

Note:

1. Fees mentioned are inclusive of all workshop costs (venue, facilitator costs and material), online tutorials and materials supplied during the course.
2. All costs for travel, board, lodge and other expenses will be borne by the participants directly.
3. Payment is also exclusive of fees for personal therapy and supervision (approximately 8 hours of personal therapy and 5 hours of client supervision in year 1 and 10 hours of personal therapy and 10 hours of supervision in year 2).
4. Students availing early bird discount will need to finish payment of first installment by 31st December 2018. They must plan their applications accordingly and must apply by mid December for their applications to be processed.
5. Some work-study positions and bursaries may be available. Please write to us describing your situation with reason and supporting documentation.
6. Indian nationals will pay fees applicable to their zone of residency. INR fees applicable only for residents in India (exceptions offered to students).
7. Fees for international students (mentioned in USD) will need to be paid in equivalent INR at the then prevailing exchange rate. Remittance fees and currency conversion charges will be borne by the student.
8. In case of any clarifications (on fees applicable to you) or request for exceptions, please write to us.

Application Process:

Your application to the Program will only be accepted after filling the application form available on the website <http://www.processworkindia.com>. Currently, the website is being revamped. Do check the revamped site in October 2018 for the application form.

A format of the application is appended to this brochure for reference. There is no application fee. Program fee is payable upon acceptance.

Registrations / Clarifications:

Email: processworkinstituteindia@gmail.com

Facebook: <https://www.facebook.com/processworkindia/>

Certificate Program Fee (by Region / Country)	Standard Program Fees	Early Bird Discount Fees	Payment Schedule (Standard)	Payment Schedule (Early Bird)
India (Indian nationals currently resident in India) Note: Indian nationals resident outside of India pay according to their region of residency.	INR 3,00,000/-	INR 2,50,000/	1. INR 1,00,000 upon registration. 2. Subsequent payments of INR 1,00,000 each in Oct.'19 and Apr.'20.	1. INR 1,50,000 upon registration. 2. Subsequent payment of INR 50,000 each in Apr.'19 and Oct.'19
Zone 1: North America 1 (USA, Canada), Australia & NZ, and West Europe 1 (all countries except West Europe 2)	USD 7,000	USD 6,500	1. USD 2,000 upon registration. 2. Subsequent payments of USD 1,250 each in Jul.'19, Oct.'19, Jan.'20 and Apr.'20.	1. USD 3,000 upon registration. 2. Subsequent payments of USD 1,750 each in Oct.'19 and Apr.'20.
Zone 2: West Europe 2 (Greece, Cyprus, Spain), APAC 1 (Japan, HK, Singapore), Middle East 1 (Saudi Arabia, UAE, Kuwait, Oman, Qatar, Bahrain)	USD 6,250	USD 5,750	1. USD 2,250 upon registration. 2. Subsequent payments of USD 1,000 each in Jul.'19, Oct.'19, Jan.'20 and Apr.'20.	1. USD 2,750 upon registration. 2. Subsequent payments of USD 1,500 each in Oct.'19 and Apr.'20
Zone 3: Middle East 2 (all except Middle East 1), East Europe (except Scandinavia, all countries east of Austria), Russia, China	USD 5,500	USD 5,000	1. USD 1,500 upon registration. 2. Subsequent payments of USD 1,000 each in Jul.'19, Oct.'19, Jan.'20 and Apr.'20.	1. USD 2,000 upon registration. 2. Subsequent payments of USD 1,500 each in Oct.'19 and Apr.'20.
Zone 4: North America 2 (excluding USA & Canada), Central & South America	USD 4,500	USD 4,000	1. USD 1,000 upon registration. 2. Subsequent payments of USD 875 each in Jul.'19 Oct.'19, Jan.'20 and Apr.'20.	1. USD 1,500 upon registration. 2. Subsequent payments of USD 1,250 each in Oct.'19 and Apr.'20.
Zone 5: Africa 1 (Egypt, Kenya, South Africa), APAC 2 (other than Japan, HK, Singapore) and rest of Asia not listed (excluding SAARC)	USD 3,600	Not Applicable	1. USD 1,000 upon registration. 2. Subsequent payments of USD 650 each in Jul.'19, Oct.'19, Jan.'20 and Apr.'20.	
Zone 6: SAARC countries (excluding India)	USD 3,000	Not Applicable	1. USD 1,000 upon registration. 2. Subsequent payments of USD 500 each in Jul.'19, Oct.'19, Jan.'20 and Apr.'20.	
Zone 7: Africa 2 (Rest of Africa other than Africa 1)	USD 2,750	Not Applicable	1. USD 750 upon registration. 2. Subsequent payments of USD 500 each in Jul.'19, Oct.'19, Jan.'20 and Apr.'20	
Zone 8: Distressed Economies (Currently experiencing War, Calamity etc.)	USD 1,800	Not Applicable	To be discussed on a case-to-case basis.	

Roadmap of the 2-year Certificate Program

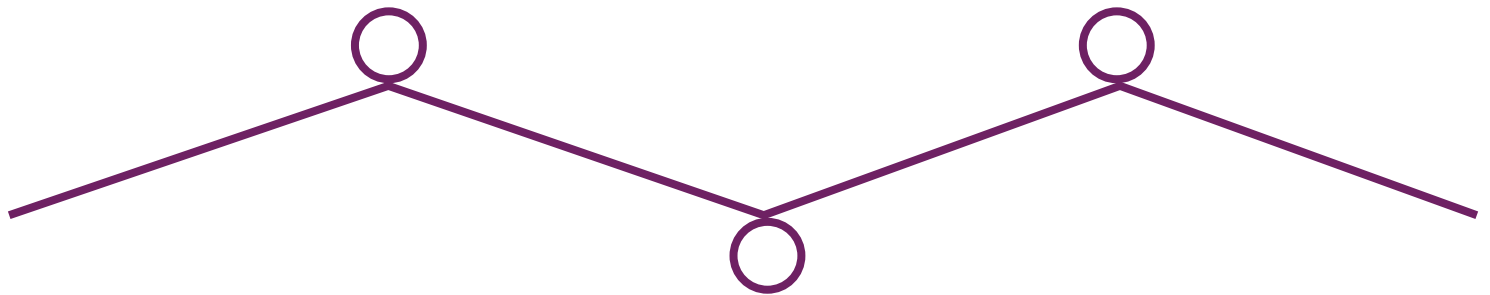
Year 1

MODULE 1- Convergence & Conflicts:
East meets West
MODULE 2- Diving into Process Work
Dates: 08th to 13th March, 2019

MODULE 5- Power, Rank and
Interpersonal Conflict
MODULE 6- Relationship and Family
Therapy
Dates: 25th to 30th August, 2019

Module- 1, 2

Module- 5, 6



Module- 3, 4

MODULE 3- The Dreaming Process
MODULE 4- Working with the
Dreaming Body
Dates: 24th to 29th May, 2019

Road map of the 2 year Certificate Program

Year 2

MODULE 9- Own Worst Enemies –
Working with Inner Critics
MODULE 10- States of
Consciousness and Addictions
Dates: 11th to 16th February, 2020

Module- 9, 10

MODULE 13- Processwork in
Organisations
MODULE 14- Worldwork
Dates: 19th to 24th September, 2020

Module- 13, 14

Module- 7, 8

MODULE 7- Ethics in Therapy
MODULE 8- Beyond Technique,
Metaskills, Innerwork
Dates: 02nd to 07th December, 2019

Module- 11, 12

MODULE 11- Best Practices in working with Trauma
and Abuse
MODULE 12- Process work approach to Trauma and
Abuse
Dates: 14th to 19th June, 2020

Exams, Certification & Celebration

Dates: 26th & 27th September, 2020

MODULE 1 & 2

MODULE 1 – Convergence & Conflicts: East Meets West – 2 days

Process Work is a synthesis of many different models of thought about psychology, spirituality and the science of human purpose and subsequent psychological and social development. In our first two days together we set the backdrop for the entire course, exploring the points of convergence and points of conflict between Eastern and Western approaches, particularly in reference to Indian culture and the Process Work approach.

MODULE 2 – Diving Into Process Work – 4 days

An initial exploration of the Process Work framework. Introduction to the central skills of edgework, amplification signal work and Channel Work.

Dates: : 08th to 13th March, 2019.

MODULE 3 & 4

MODULE 3 – The Dreaming Process – 3 days

Exploring the concept of the Dreaming Process and how to perceive it and uncover meaning in it, by working with daytime dreaming experiences and night-time dreams. We'll also work with the concept of the Life Myth as coded in early childhood dreams, not only as an important tool for self-knowledge, but its usefulness in the therapeutic setting.

MODULE 4 – Working with the dreaming body - 3 days

Exploring how the body dreams - symptoms in the body encode important information for our everyday lives and our long-term development processes. Re-conceptualising how we think about 'illness' and learning how to work in the body with both acute and chronic body symptoms, to help clients find meaning within their symptoms.

Dates: : 24th to 29th May, 2019.

MODULE 5 & 6

MODULE 5 – Power, Rank and Interpersonal Conflict – 3 days

An introduction to the central Process Work framework of Power and Rank and how they shape interpersonal conflicts, and an exploration of the Process Work Conflict Transformation Model. We'll also explore the Process Work concept of Dreaming Up the place where our own processes get entangled with those of our clients. We will start using the methodology of group process to facilitate the learning in this module.

MODULE 6 – Relationship and Family Therapy – 3 days

Exploring Process Work approaches to working with couples and family groups and how the concepts of dreaming process and field theories are applied in these therapeutic settings.

Dates: 25th to 30th August 2019.

MODULE 7 & 8

MODULE 7– Ethics in Therapy – 2 days

Explore what it means to work within an ethical framework, exercise a duty-of-care to our clients, and safeguard the reputation of the profession within the wider community.

MODULE 8 – Beyond Technique: Metaskills and Inner Work – 4 days

Therapy techniques matter, but not nearly so much as the attitude, personal development and self-awareness of the therapist. Metaskills enable and influence the way therapy techniques are used. Here we explore the Process Work concept of Metaskills and learn to be our own therapist through the application of Process Work Inner Work practices. Inner work is the key skill for resolving inner conflict and knowing different parts of ourselves as also the understanding of discrimination. It's the root of all 'isms'.

Dates: 02nd to 07th December, 2019.

MODULE 9 & 10

MODULE 9 – Own Worst Enemies – Working with Inner Critics – 2 days

In epidemic proportions across the world, Inner Criticism affects almost all our clients, and we as therapists are also not immune. Learn how to identify different kind of Inner Critic presentations and how to work with your clients' and your own Inner Critics.

MODULE 10 – States of Consciousness and Addictions – 4 days

Altered and extreme states of consciousness are often scary and often rejected, both by the individual who experiences them and the community who observes them. These states can include psychosis, coma and mood states. Process Work views these states as meaningful, not only for the individual but for the whole community, and works to help people find meaning in them, as well as sufficient safety. Closely connected, we'll also explore the Process Work approach to addictions and addictive tendencies.

Dates: 11th to 16th February, 2020.

MODULE 11 & 12

MODULE 11 – Best Practices in working with Trauma and Abuse – 2 days

Explore the definitions of trauma and abuse, and develop an understanding for best practices for working with clients with these experiences, in particular, how not to re-traumatise clients in therapy.

MODULE 12 – Process Work approach to Trauma and Abuse – 4 days

Explore how Process Work incorporates psychodynamic, somatic and transpersonal models to Trauma Work, and extends these approaches through its integration of indigenous approaches.

Dates: 14th to 19th June, 2020

MODULE 13 & 14

MODULE 13 – Process Work in Organizations – 2 days

Applying Process Work theory in organisations. In either employee or consulting roles where diagnosis or interventions are required.

MODULE 14 – World Work – 4 days

Exploring the application of Process Work to Group Facilitation, Social Oppression and Power, and Large Group Conflict Work.

Dates: 19th to 24th September, 2020

Exam, Certification & Celebration

All participants will undergo the final examination in theory and practical prior to Certification.

Dates: 26th to 27th September, 2020.

Faculty Details

A brief introduction to the faculty for the course:



ALAN RICHARDSON

*B.Soc.Sc (Psych), Grad Dip Counselling, M.Ed, M.Soc.Sc,
Dip PW, PhD (Cand)
Psychologist – Organizational, Educational & Counselling*

Alan works across three main disciplines: psychotherapy and counselling private practice; supervision, training and education of counsellors and finally with organizational development. Currently the Co-President of the International Association of Process Oriented Psychotherapists (IAPOP), Alan is also a faculty member in the Australian & New Zealand program (ANZPOP) and an academic at the University of Southern Queensland, Australia.



ALEXANDR PEIKRISHVILI

PW. Dipl, L.C.S.W., Coach

Alexandr offers personal and professional development opportunities using process-oriented psychology training, facilitation, supervision and therapy locally and internationally. He is a member of the faculty at PWI-Portland, Oregon; Moscow, Russia; & Mumbai, India and is on the board of IAPOP.



ANURADHA DEB

Founder, Process Work Institute of India.

Psychotherapist, transformational Coach, Leadership trainer & mentor. BSc, Bed, Msc, MA, PG.Dipl.(PW), PM (ISABS) IFC accredited Coach.

Anuradha is based in Mumbai, India and founded PWII in 1996. She has 3 decades of experience in working with people in educational, personal and organizational areas at the national and international level. She has teaching experience in various schools of Process Work and has been teaching in all World Work seminars since 1994. She has done extensive work in the area of leadership development in organisations for women and is currently focused on mentoring and coaching women entrepreneurs.



GRZEGORZ ZIELINSKI

Psychotherapist, Coach Melbourne

Grzegorz is a certified Process work Psychotherapist and a Certified Process work Coach. He is a faculty member of PWII, ANZPOP (Australia and New Zealand Process Oriented Psychology) and PACFA (Psychotherapy and Counselling Federation of Australia). He is also a faculty member in the Institute of Process Psychology, Poland. Grzegorz is a graduate of the University of Warsaw with a Masters in Sociology, specialising in therapy and conflict resolution. Prior to moving to Australia, he was a teacher of the two-year Certificate in Process Work Psychotherapy in Wroclaw, Poland. From 2003 to 2015 he worked at the Poza Centrum Psychotherapy and Coaching Centre in Warsaw, Poland. In October 2015 he moved to Melbourne and joined the Melbourne Process work Centre. During his practice, Grzegorz co-created programs for personal growth and for organizations: "Psychology of Career", "Relationships" and "Feedback".



LIZ SCARFE

Dipl. PW, Bch Sc (Hons), Dipl. Management, Cert IV Workplace Training and Assessment, Adv Cert Group Facilitation

Liz works as a psychotherapist, specialising in trauma from a post-traumatic growth perspective, at Cultivating Confidence, as well as a Process Oriented Coach, Facilitator, and Trainer. She is a member of the Psychotherapy and Counselling Federation of Australia, and the International Association of Process Oriented Psychology; is a faculty member of Australia New Zealand Process Oriented Psychology; and founder of the Melbourne Process Work Centre. Prior to discovering Process Work, Liz worked in nonviolent peace building, adult education, community development, human resource management, quality and risk management, and local government.

FREQUENTLY ASKED QUESTIONS (FAQs)

1. What is the exact duration of the Certificate Program? How is it linked to the Diploma Program?

The duration of the Certificate program after which Process Work Institute of India (PWII) will certify you is two years.

The full length of the Diploma Program, that qualifies you as a Process Oriented Psychotherapist is four years. The two-year certificate program is a precursor and pre-requisite for application into the Diploma Program.

2. What is the outcome of the 2-year Certificate program?

If you are already in the field of mental health or people development, the course introduces you to a new school of psychology and gives you a theoretical orientation as well as a practical understanding of Process Work. As mentioned, it also becomes a precursor for the subsequent four-year Diploma program if you choose to train as a Process Oriented Psychotherapist.

Those working in the coaching, counselling and organisational development space can use the skills and processes to further their own effectiveness.

For those outside of these fields, it is an opportunity for self-exploration leading to a more fruitful life, and also prepares you to facilitate such processes for others. It prepares you to work with people and provides you an opportunity to train further as a Process Oriented Psychotherapist.

3. Can I set up my practice as a therapist / counsellor upon completion of the 2-year course? What about licencing?

The 2-year Certificate program trains you in therapeutic modalities to work with people. However, since titles are often reserved, it is the participant's responsibility to clear and/or comply with relevant licencing requirements of the country / state they wish to practice in.

4. Why does the brochure mention "Cohort 2"? Is there a Cohort 1 as well?

PWII started this course in May 2018 and Cohort 1 is currently undergoing training as per their calendar. You will interact with them for an enriched and shared learning experience.

5. Where will the face to face learning modules be held?

The primary location for all modules will be Mumbai, India. However, our attempt will be to rotate this course to other locations to provide participants (especially international) an opportunity to explore India. This is contingent on cost and other dynamics. The venue for the first face to face classroom session will be in Mumbai, India.

6. I am interested in the Certificate program. Can I choose to do only a few of the modules if I can't / don't want to, undertake the full Certificate program?

Unfortunately, no. If you enrol, you will have to do so for the full two-year certificate program and complete all the modules. Part and/or single module attendance is not acceptable. You may explore on our website, standalone workshops we may offer from time to time.

7. I have previously attended a few events / courses / intensives at other PW schools? Would it be possible for me to transfer my credits?

Yes. If you have attended the PW Intensive (s), World Work Seminars and / or attended other PW programmes (from any other 'IAPOP recognised' PW School) we will give you credits for those when you enter the two-year program. If you have taken therapy sessions with a Certified PW Diplomate, then we will consider giving credits for those too. Please contact us for details.

8. I am already a registered student with a PW school elsewhere. I do not wish to repeat the Certificate you offer but I am interested in attending a couple of modules. Can I attend only those modules that interest me?

Yes, subject to a maximum of three face-to-face teaching blocks. Students formally registered with any "IAPOP recognised PW school" worldwide may attend upto three face-to-face teaching blocks of their interest. However, entry is not automatic and subject to clearance from the Director, PWII. Separate fees applicable – please contact us directly for module specific fees.

9. Has the Diploma Program been launched in India?

We will continue the two-year Certificate program into the four-year Diploma Program. Cohort 1 (which finishes its Certificate program in 2019) can apply to join the third year of the Diploma program. Likewise, Cohort 2 (which completes the program in 2020) may apply for the Diploma program in 2020/21.

10. What is included in the fees? For e.g., Will my stay and travel be included? What additional expenses can I foresee?

The commercials include the course fees itself (delivery, training, relevant material etc.). All other expenses (personal therapy, supervision, books etc.) will be borne by you. The cost of personal therapy and supervision varies by country and in India can range between USD 30 to USD 35 per hour. For participants from other economies, rates equivalent to cost of living will be made available for personal therapy and supervisions. Therapy and supervision will be conducted by Diplomates from the IAPOP certified PW schools. The participants will be connected with the PW Diplomates that will be working in association with PWII. A list with the names will be given to the participants at the appropriate time.

Participants bear the cost of travel, stay, and associated expenses. We are working on homestays and will update if the option becomes available.

11. Is it possible to have an alternate payment plan other than that mentioned?

In general, no. If you have compelling personal circumstances, please write to us for a need based payment plan and/or exceptions to the standard plan.

Registration & Application Form

Note: Given below is a draft of the application form that you may expect to fill online. Please do NOT send this to us as your application.

Please visit the PWII website (<http://www.processworkindia.com>) in October 2018 to apply for the Program.

PERSONAL PARTICULARS

Family name :
First name :
Preferred salutation :
Date of birth (dd-mm-yy) :

PREFERRED CORRESPONDENCE (please tick "O / P" to indicate 'Official' or 'Private')

Full Postal address (O/P) :
Handy / Phone (O/P) :
Best time to contact on phone :
Email (O/P) :

SAFETY DETAILS AND EMERGENCY CONTACTS

Blood group :
Allergies (drug / food) :
Name, #'s and relation :

ADMISSIONS PROCESS

Along with this filled in application form, please write your response to the following two questions:

1. What calls you to study Processwork and how do you hope these studies will further your personal and/or professional development?
2. Give us a brief autobiographical statement, highlighting your life experiences which are most meaningful to you.
3. Please attach your updated resume / profile and a recent clear passport type photograph.

Please give us 10 working days to get back to you on your application. An interview (Telephonic / Skype/ Zoom etc.) precedes final intake decision.

UNDERTAKING

I have read the details as announced. I participate on my own accord and responsibility. I submit that I am currently not suffering from any physical or psychiatric illness that may hinder the process of my studies.

Note: If you have had a serious physical / mental condition/illness before, please attach a doctor's certificate to clear you for admission.

Declaration: PWII does not take responsibility for any untoward incident or injury personal or otherwise to the student during the course.

Signature: _____ **Name:** _____ **Date:** _____ **Place:** _____